

## **CIRCLES OF POWER**

Form a loose circle in the centre of the room, close enough to hold hands but you don't actually need to hold hands. Take a moment to acknowledge the people around you through making eye contact, smiling, etc. This is your community.

Now I will ask that you please close your eyes for this activity. If you are uncomfortable closing your eyes, I ask that you PLEASE respect everyone's privacy and confidentiality by NOT sharing others' personal information.

Now, with your eyes closed, please take a small step backwards if...

- English is not your first language, or if you speak English with a non-Canadian accent.
- You live in a rural area or a neighbourhood with limited access to services.
- Your family has not been in Canada for at least three generations.
- You are not seen by others as white.
- You live with a disability.
- You do not identify as Christian.
- You do not identify as male.
- You or your family have ever struggled to make ends meet.

Open your eyes. Where are you and your neighbours in relation to each other now?

What other identities did we not discuss here?

- sexual orientation
- non-cisgender
- family form
- immigration status
- age
- ethnic group
- etc.

Can you think of any reason why we didn't bring those up in the game?